

Love Them To Life: *Set Free Seminar Outline*
Joe and Cherri Freeman

I. Welcome

- A. Prayer
- B. Video – Heroin(e) trailer
- C. Introductions
- D. Video – Falling Plates

II. Anatomy of Addiction

A. Definition of Addiction

- 1. Dr. Gerald May/ overall definition
- 2. The World's (disease model)
- 3. Biblical (sin/idolatry)

B. Causes of Addiction

- 1. Rejection (hole in the soul, absence of meaningful love). Overt/covert, filled by the world, flesh, devil.
- 2. Rebellion – against God, parents, work. Self on throne, Isa 14:12-15,
- 3. Trauma – physical, emotional, sexual
- 4. Secularization, evolution, desensitization to violence, morals, all about self

C. Pathways to Addiction

- 1. Experimentation/ recreation/ curiosity

2. Legal prescriptions, pill mills, greedy doctors

3. People-pleasing (Galatians 1:10)

D. Results of Use:

1. Dependency/habit/tolerance

2. Dysfunction – use to feel “normal,” to not get sick, job loss, housing loss, legal issues, loss of marriage/children

E. Fallacies/ Delusions of the addict

1. I am only hurting myself

2. I can stop whenever I want to.

3. I just do it every once in a while as a treat or pick-me-up

4. The “NEVERS”

Break

III. Effects of Addiction on Family and Friends

A. Reactions of family and friends

1. Shock, denial, blame

2. Fear/control

3. Anger

4. Shame, guilt, remorse

B. Enabling

C. Codependency – Poem – I Need to get High

D. Legal Issues

1. Bail, lawyer fees, fines, child support
2. Warrants, jail/prison

E. Financial Issues

1. Wiped out savings, retirement funds
2. Stolen valuables, cash, credit cards, electronics

F. Forgiveness

Q & A

LUNCH

IV. Remedies to Addiction

A. The World's Answers

1. 12-Step Programs – philosophy, weaknesses (identity, disease model, recovery is ongoing for lifetime, name your own god)
2. Secular Rehab – most are based on 12-Steps, behavior modification, strengthen self-image
3. “Geographic Cure” – new location, I take me with me.
4. Abstinence – “white-knuckle” approach

Video – *Stop It* skit (Bob Newhart)

BREAK – 15 Minutes

- ##### B. Bible-based, Christ-centered solution to addiction
1. Introduction

2. Egypt, Wilderness, Canaan

3. Prodigal – Joe’s testimony

V. Recovery Coach Training/ Support groups, Resources

Video – That's My King!

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