



## Counseling Practicum Instructions

As a medical doctor has a residency to practice medicine after medical school, so the student of biblical counseling needs to engage in a supervised ministry experience. The practicum is a season of formal, intentional one-to-one ministry whereby the student puts into practice what he/she has learned in the GFI equipping events (live or online), reading, and audio teaching. 40 hours + of counseling is to be given to at least 7 individuals. This can be done where the student lives and ministers.

### Guidelines

1. Commit this ministry experience to the Lord. Pray for Him to guide you to the people who will be receptive to the Christ-centered counseling process.
2. Invite individuals to meet with you that: a) confess they have a problem, b) are open to biblical solutions, and c) are ready to take responsibility to learn and apply relevant remedial discipleship content.
3. Take confidential case notes that include relevant information on the counselee's presenting problem(s), history, and self-life. Record what you cover in the counseling process including assigned homework. See *Case Notes form*.
4. Track the time spent in the formal counseling process. See *GFI Practicum Tracking form*. For every 10 hours of personal ministry, place a phone call to your supervisor. (The \$200 practicum fee can be divided into four \$50.00 payments that correspond to the four supervisory phone sessions.) The supervisory session is 45-60 minutes.
5. For sample discussion questions used during these calls, see the *Supervisory Questions* document.
6. Ask two people you have counseled to write a testimony of their appreciation of the counseling process that includes a reference to their appropriation of Christ as Life. Send in, or ask them to send in, this testimonial document to your counseling supervisor.
7. Take the Core Knowledge Review. This is an **open book**, online test. When ready, click here to take the test <https://jbwoodward.typeform.com/to/r9sm5y>

8. Write a brief paper summarizing the benefits you have received from the GFI training. Include the ways you have used this ministry model, and any vision / goals you may have for continued growth and personal ministry. Send this to your supervisor.

If you have any questions on the procedures or guidelines, please contact Dr. John Woodward at GFI.

Thank you! God bless your practicum ministry season.

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2026